



“I am the light of the world;
whoever follows me
will not walk in darkness,
but will have the light of life”
(John 8:12)

Dear Sisters,

In this holy and joyful season, the light of the Risen Lord overwhelms all the darkness and shines brilliantly in this world. Christ is risen! He is truly risen! This truth, at the heart of our faith, urges us to march forward with renewed hope, confident that even in moments of darkness, the light of Easter never fades. Pope Francis reminds us that our hope has a name: the name of Jesus. He entered the tomb of our sin; he descended to those depths where we feel most lost; he wove his way through the tangles of our fears, bore the weight of our burdens and from the dark abyss of death restored us to life and turned our mourning into joy.

Together, step by step, we walk the path of hope - even when weariness sets in, even when challenges seem to exceed our strength. But we are not alone. The Risen One walks with us, just as He did with the disciples on the road to Emmaus. He is present in the breaking of the bread, He opens the Scriptures to us, He gives us courage. He was not found in the conventional place where the world thought he would be - in the tomb, but risen as evidenced by the scriptures: *“Do not be afraid; for I know that you seek Jesus who was crucified. He is not here; for he has risen”* (Matthew 28:5-6).

In our daily lives, we often encounter challenges - personal struggles, societal uncertainties, and global crises that can sometimes cloud our vision of hope. Yet, Easter reminds us that no suffering, no sorrow and no trial is beyond the power of God’s redeeming love. The empty tomb is not just a historical event; it is a living reality that calls us to rise with Christ, to embrace new beginnings and to trust that God’s light will always break through the darkest nights.

Dear Sisters, may the joy of Easter renew our consecration, rekindle our love for Christ, and strengthen us to be ever more generous. Together, let us walk in the light of the Risen Lord.

Wish You a Happy Easter and the Blessings of the Risen Lord!

Sr. Selin Karikkattil
Superior General

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